

Music Ed Monday with Moffat Webinar Protocol

Thank you for joining us for today's webinar. It will begin at 9:00 Pacific time.

In order to make this run as smoothly as possible, here are a few pointers:

- Please make sure you are **muted** unless you've been specially called on to speak.
- Feel free to post your **questions or comments in the chat box** and we will address them as we are able.
- Have a way to write or jot down notes.



Today's Goals

- 1) Reflect on your strengths and challenges
- 2) Identify your priorities as you consider how you'll transition into a post-COVID classroom

Activity

Last week's homework: Set a timer for 10 minutes each day and write your response to the prompt *Today I noticed...*

If you missed previous Music Ed Mondays with Moffat, you can find them here: mPoweredEducator.com/webinars

Spring 2019

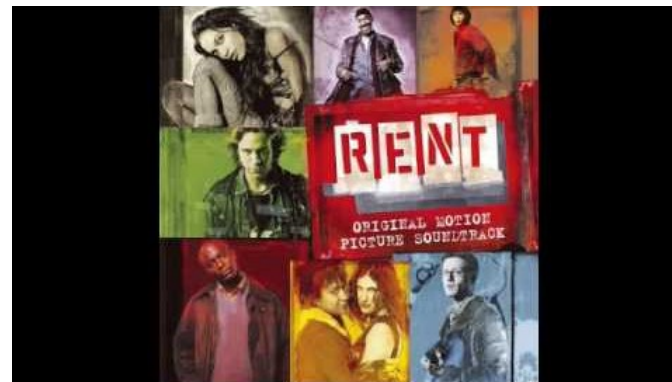
What I was doing and feeling

Spring 2020

What I'm currently doing and feeling

Spring 2021

What I WANT to be doing and feeling



Music Teacher Mojo Meter

<https://forms.gle/kvJrBZqTgYqQcRz29>



Save time and accomplish more with CLEAR GOALS

Clarity with Goals

- Communicating the Goals

Let's take a kayak to the bridge...

Sunday morning on the Potomac River.

What could be more relaxing than our first time kayaking?

We were going to simply get out on the water in our double-kayak, go to grassy area under the bridge and explore, then return to the dock.

How hard could that be?



We hopped in and set sail...

We both had our eyes on the destination (goal) of getting to the bridge before returning to the dock, so off we went.





How could we miss this obvious goal?

We knew where we were going and could easily see our destination, yet it was a real struggle to get to the bridge.

A wide-angle photograph of a large, multi-arched concrete bridge spanning a wide river. The bridge has several prominent arches supported by tall, rectangular piers. The water in the foreground is dark blue with gentle ripples. The background shows a clear blue sky and a line of green trees along the riverbank. The entire image is framed by a thin red border.

We were getting closer,

but it was still
SO MUCH WORK...

I confirmed our destination...

Except this time, I asked a clarifying question.











We still wanted to go see the park under the bridge...

There must be a more efficient way to get there.





We covered the same distance in a fraction of the time with none of the obstacles when we:

- 1) Had clear goals.
- 2) Communicated our goals with one another.
- 3) Had a clear path we followed.
- 4) Used the most efficient tool available (scooter on a paved path.)
- 5) Each retained control of our own vehicle so we weren't interfering with the other's actions toward his or her goals.
- 6) Used a skill we were familiar with (riding a scooter) rather than a new skill (rowing a kayak) so our bodies could execute the movements with ease.
- 7) Didn't have to physically struggle so hard.
- 8) Had access to resources so we could get the job done more efficiently.



Homework

- 1) Do you love your job, or at least most aspects of it?
- 2) What do you love most about it?
- 3) What is the most challenging part of your job?
- 4) Who was your biggest influence in becoming a music teacher?
- 5) What did that person do to that made such an impact on you?
- 6) Why did you want to become a music teacher?
- 7) How do you want students to feel in your presence?
- 8) What do you want students to remember about you?
- 9) What do you think they'll remember?
- 10) What else do you care about in your life?